

Mindful Colouring

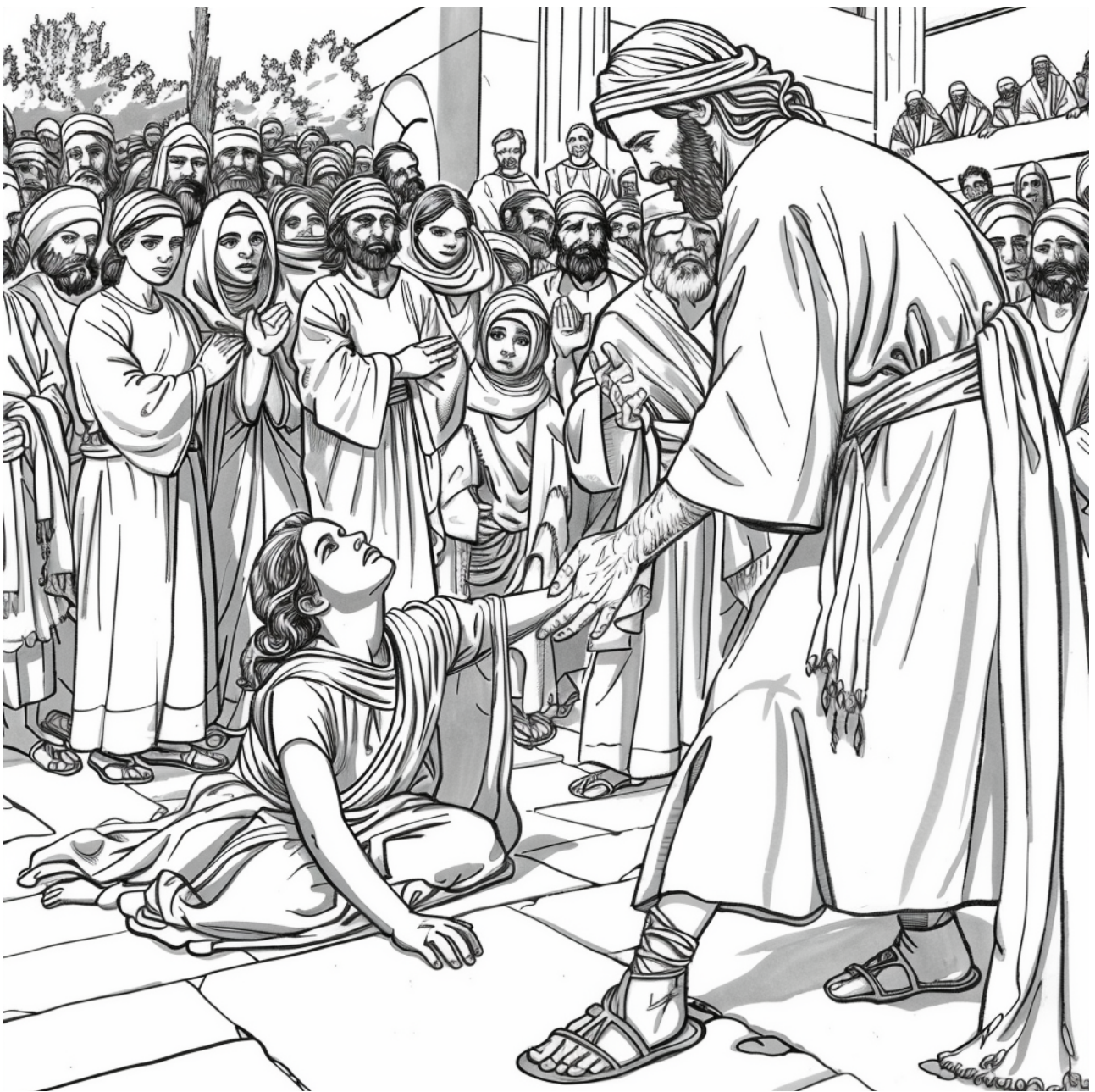
Girl Restored to Life and a Woman Healed

As we light this candle
And ring the bell
We pray that God is with us this day.

Close your eyes
Place your hand on your belly. Notice your breathe as your belly moves.
Breathe in through your nose and out
Through your mouth.
Breathe in and breathe and out
Repeat for 1 minutes.

Sign of the Cross - in the name of the Father, Son and Holy Spirit. Amen.

Invite participants to begin colouring. ... While colouring, take it in turns one at a time to share for 3,4, or 5 minutes.....
“How are you? What has been happening in the last week? Do not talk while others speak, but just listen.....”



Song Play list while colouring....

https://www.youtube.com/playlist?list=PLsvDuzoHg-g_7r-qNLzTW3M4fePfrWmjQ

Watch the 6 minute clip from the Chosen of Jesus healing the woman - up until 5 minutes and 50 seconds
<https://www.youtube.com/watch?v=pYEmdFyWBq8>

Scripture - Mark 5:21-43

Assign different readers to read the different colours below....

When Jesus had crossed in the boat to the other side, a large crowd gathered round him and he stayed by the lakeside. Then one of the synagogue officials came up, Jairus by name, and seeing him, fell at his feet and pleaded with him earnestly, saying, 'My little daughter is desperately sick. Do come and lay your hands on her to make her better and save her life.' Jesus went with him and a large crowd followed him; they were pressing all round him.

Now there was a woman who had suffered from a haemorrhage for twelve years; after long and painful treatment under various doctors, she spent all she had without being any the better for it, in fact, she was getting worse. She had heard about Jesus, and she came up behind him through the crowd and touched his cloak. 'If I can touch even his clothes,' she had told herself 'I shall be well again.' And the source of the bleeding dried up instantly, and she felt in herself that she was cured of her complaint. Immediately aware that power had gone out from him, Jesus turned round in the crowd and said, 'Who touched my clothes?' His disciples said to him, 'You see how the crowd is pressing round you and yet you say, "Who touched me?"' But he continued to look all round to see who had done it. Then the woman came forward, frightened and trembling because she knew what had happened to her, and she fell at his feet and told him the whole truth. 'My daughter,' he said 'your faith has restored you to health; go in peace and be free from your complaint.'

While he was still speaking some people arrived from the house of the synagogue official to say, 'Your daughter is dead: why put the Master to any further trouble?' But Jesus had overheard this remark of theirs and he said to the official, 'Do not be afraid; only have faith.' And he allowed no one to go with him except Peter and James and John the brother of James. So they came to the official's house and Jesus noticed all the commotion, with people weeping and wailing unrestrainedly. He went in and said to them, 'Why all this commotion and crying? The child is not dead, but asleep.' But they laughed at him. So he turned them all out and, taking with him the child's father and mother and his own companions, he went into the place where the child lay. And taking the child by the hand he said to her, 'Talitha, kum!' which means, 'Little girl, I tell you to get up.' The little girl got up at once and began to walk about, for she was twelve years old. At this they were overcome with astonishment, and he ordered them strictly not to let anyone know about it, and told them to give her something to eat.

The Gospel of the Lord.

Response - Praise to you Lord Jesus Christ.

Scripture Reflection -

Take it in turns to read a paragraph...

The passage from Mark 5:21-43 contains two intertwined miracles performed by Jesus, illustrating His power over sickness and death, and highlighting themes of faith and restoration.

Jairus, a synagogue official, approaches Jesus in desperation because his daughter is gravely ill. He believes that Jesus can heal her. As Jesus agrees and they proceed, the story is temporarily interrupted by another healing, which itself is rich in meaning.

While on His way to Jairus' house, a woman who had been suffering from a hemorrhage (or bleeding from her private place) for twelve years touches Jesus' cloak, believing that this act alone will heal her. Her faith is indeed rewarded, and her bleeding stops immediately. This miracle demonstrates the power of faith and Jesus' ability to cleanse and heal those considered unclean or outcast by society. The woman's act of faith interrupts Jesus' journey, yet it also underscores the theme of faith running through the entire passage.

As Jesus speaks with the healed woman, messengers arrive from Jairus' home with the news that his daughter has died. Despite this, Jesus encourages Jairus to "only have faith." When they arrive at the house, Jesus dismisses the mourners, asserting that the girl is not dead but asleep. He then performs the miracle of bringing her back to life by simply telling her, "Talitha, kum!" (which means "Little girl, I tell you to get up"). This action not only demonstrates Jesus' dominion over life and death but also reassures the followers of the power of faith and the possibility of divine intervention in the direst circumstances.

Some Themes and Symbolism:

First Faith, both miracles are marked by expressions of faith—Jairus' plea for his daughter and the woman's belief that touching Jesus' garment would heal her. Jesus affirms that their faith is instrumental in the miracles that follow.

Second, Jesus' Power Over Death - Jesus' command over life and death is starkly demonstrated. He reassures those around him, pushing them to reconsider their understanding of life and death.

Third, Inclusivity and Compassion, Jesus' willingness to be interrupted by the haemorrhaging woman, a societal outcast, and His compassion towards Jairus' family, a respected community figure, show His universal message of love and redemption. Jesus crosses social boundaries and emphasizes that His ministry is open to all, irrespective of their social status or past.

Fourth, Restoration and New Life - Both the woman and the girl are restored to full health and integrated back into their communities. These healings can be seen as symbolic of spiritual renewal and the new life that faith in Jesus offers.

This passage richly demonstrates the compassion, authority, and the power of Jesus, as well as the profound impact of personal faith in the miraculous possibilities of divine intervention.

Silent Reflection

Silently reflect on the today's scripture passage and its meaning for us today. Reflect on the questions for reflection.

Discussion - *You may choose to answer some of the following questions...*

- 1 - Comprehension Question: What are the two miracles described in Mark 5:21-43, and how are they related to each other in the narrative?
- 2 - Character Analysis Question: How do the actions of Jairus and the woman with the hemorrhage demonstrate their faith in Jesus? Compare and contrast their approaches to seeking Jesus' help.
- 3 - Theme Exploration Question: Discuss the significance of faith in this passage. How does Jesus respond to the expressions of faith by the characters?
- 4 - Symbolism Question: What does the phrase "Talitha, kum!" symbolize in the context of this story? Why might Mark have included the Aramaic phrase in his predominantly Greek text?
- 5 - Contextual Question: Why does Jesus instruct those present at the girl's resurrection to keep the event a secret, especially considering the public nature of many of his other miracles?
- 6 - Literary Question: How does the interruption of the woman with the hemorrhage enhance the overall narrative tension and thematic development of the passage?
- 7 - Reflective Question: How might the reactions of the crowd and the mourners to Jesus' actions affect our understanding of His ministry and the challenges He faced from societal norms and expectations?

Prayers of the faithful - *Take it in turns to read a prayer below...*

1. "Lord, hear our prayers for all who are afflicted by illness and suffering, especially those who feel isolated or marginalized. May they experience Your healing touch and find solace and strength in their faith. Grant them the courage to reach out for help as the haemorrhaging woman did, trusting in Your mercy and compassion. Lord, hear our prayer."

ALL - Lord hear our prayer.

2. "Almighty Father, we pray for the deepening of our faith. Help us to trust in Your power and goodness in all circumstances, even when faced with the trials of loss or despair. May we, like Jairus, approach You with earnest hearts and unwavering belief in Your power to heal and save. Lord, hear our prayer."

ALL - Lord hear our prayer.

3. "Gracious God, watch over families that are experiencing the pain of illness or the loss of loved ones. Bring them comfort and peace, and strengthen their bonds during these challenging times. May they feel Your presence guiding them, as Jairus felt when You restored his daughter to life. Lord, hear our prayer."

ALL - Lord hear our prayer.

4. "Lord, inspire us to act with compassion and kindness to those around us, regardless of their status or struggles. Help us to see one another through Your eyes, recognizing the dignity and worth of every person. May our communities be places of inclusion, healing, and love, reflecting the example of Jesus. Lord, hear our prayer."

ALL - Lord hear our prayer.

5. "Heavenly Father, we lift up all those who care for the sick and suffering, including doctors, nurses, health workers, and caregivers. Endow them with wisdom, patience, and empathy, that they may be instruments of Your healing. Strengthen them in their vocation, and let them be signs of hope and carriers of Your grace in their service to others. Lord, hear our prayer."

ALL - Lord hear our prayer.

5. Are there any other prayer?

Closing prayer

Loving God, we thank You for Your boundless compassion and the life-giving miracles of Your Son, Jesus. As we reflect on the stories of Jairus' daughter and the woman healed of her affliction, we are reminded of the power of faith and the reach of Your merciful hand. Grant us the strength to trust in Your healing presence in our lives, to seek You in moments of despair, and to serve as vessels of Your love and compassion to those around us. May our faith be as fervent as those who sought Jesus by the lakeside, and our hearts as open to Your grace. We ask this in the name of Jesus Christ, our Lord. Amen.

Sign of the Cross - in the name of the Father, Son and Holy Spirit. Amen.